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Dear Parent or Guardian:

The Tenafly Board of Education requires a recent (within a year of the first day of school) physical examination for each student before entering the ninth grade. Evidence of the examination must be submitted prior to the beginning of school in September.

The back of the enclosed health card is to be completed and signed by your family physician after the examination is conducted.

In addition, we ask that you fill out the front of the health card in order that up-to-date and accurate health records are maintained in the school for each Tenafly student. When both sides are completed, return the health card to the nurse's office at Tenafly High School.

In accordance with NJAC 8:57-4, students born on or after 1/1/97 are required to have the meningococcal vaccine. A Tdap dose is also needed, if it has been five years since the last DTP/DTap or Td. The completed Hepatitis B series of three shots is required before entering high school.

Thank you for your cooperation.

Yours sincerely,

Dora P. Kontogiannis, Ed.D.
Principal

John M. Owens, M.D.
School Physician

DPK/lm
Encl.